## Jump Start Your Creativity Supply List

Technique: Machine Appliqué

Level: Basic Sewing Skills Required

## Tools and Supply List

- Sewing Machine with Zig Zag capabilities
- Invisible thread
- Bobbin thread neutral color
- Straight pins
- Small sharp point paper and fabric scissors
- Design wall at least 30" x 30" or foam core board
- 2 yards Sulky Totally Stable
- Fusible Web 1 sheet 8" x 11" Steam a Seam 2 lightweight
- Black permanent ink felt tip pen Sharpie extra fine point is best
- Repositionable or Restickable Glue Stick
- Optional Stiletto
- \$4.00 Lab Fee Pattern
- Optional Basic Kit (2 yards Sulky Totally Stable, 1 package Steam a Seam, Repositionable Glue Stick, Superior Mono Poly and Bottom Line bobbin thread & Sharpie) available for \$29.95 on www.barbaraolsonquiltart.com

## Fabric

- A variety of 12 or more ½ yard pieces of fun/playful novelty fabrics. The fabrics could be polka dots, geometrics, large florals, etc. Give yourself many choices and don't worry about coordinating.
- 4 or more ½ yard pieces of solid or fabrics that read solid that could possibly go with your collection
- ¼ yard piece of a high contrast fabric. Could be black & white.

Pull a playful selection of novelty fabric from your collection or library of fabrics. What better fabrics to work with to get the brain out of the way. This is not a struggle of matching fabric for a perfect quilt.

Trust your instincts - pull fabrics for no other reason that it looks fun and playful.